MUSHROOM RISOTTO

INGREDIENTS

3/4 -pound fresh portobello and cremini mushrooms, sliced

1/4 cup olive oil

½ cup diced shallots

1/4 cup butter

1 ½ cups arborio rice

4 ½ cups hot chicken broth

3/4 cup grated parmesan cheese

PREPARATION

- 1. Heat the oil in a large skillet over medium heat and sauté the mushrooms. Add salt, transfer to a plate, and set aside.
- 2. In the same skillet, over medium-high heat, melt the butter and sauté the shallots.
- 3. Add the rice and stir for a minute to cover the rice with the butter.
- 4. Reduce the heat to medium. Gradually add the chicken stock while stirring, ³/₄ cup at a time.
- 5. After about 20 minutes the rice will have absorbed most of the liquid and has a creamy texture.
- 6. Add the fried mushrooms and the parmesan cheese.

Recipe adapted from https://www.ricardocuisine.com

apainintheneck.org

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